



SAPC Naloxone Bulletin

Lello Tesema, MD, MSHPM
Associate Medical Director for Prevention
LA County Dept. of Public Health
Substance Abuse Prevention & Control





Overview

- Naloxone bulletin
- Background and rationale
- What is naloxone?
- How to make naloxone available to clients
- Naloxone training resources
- Naloxone bulletin compliance



SAPC Naloxone Bulletin

Each prevention, treatment, and Recovery Bridge Housing (RBH) site is required to:

1. Have staff that are trained to administer naloxone in the event of an overdose (OD).



SAPC Naloxone Bulletin

Each prevention, treatment, and Recovery Bridge Housing (RBH) site is required to:

1. Have staff that are trained to administer naloxone in the event of an overdose (OD).
2. Maintain naloxone onsite to administer in the event of an OD.



SAPC Naloxone Bulletin

Each prevention, treatment, and Recovery Bridge Housing (RBH) site is required to:

1. Have staff that are trained to administer naloxone in the event of an overdose (OD).
2. Maintain naloxone onsite to administer in the event of an OD.
3. Provide education and training to clients and make naloxone available when indicated.

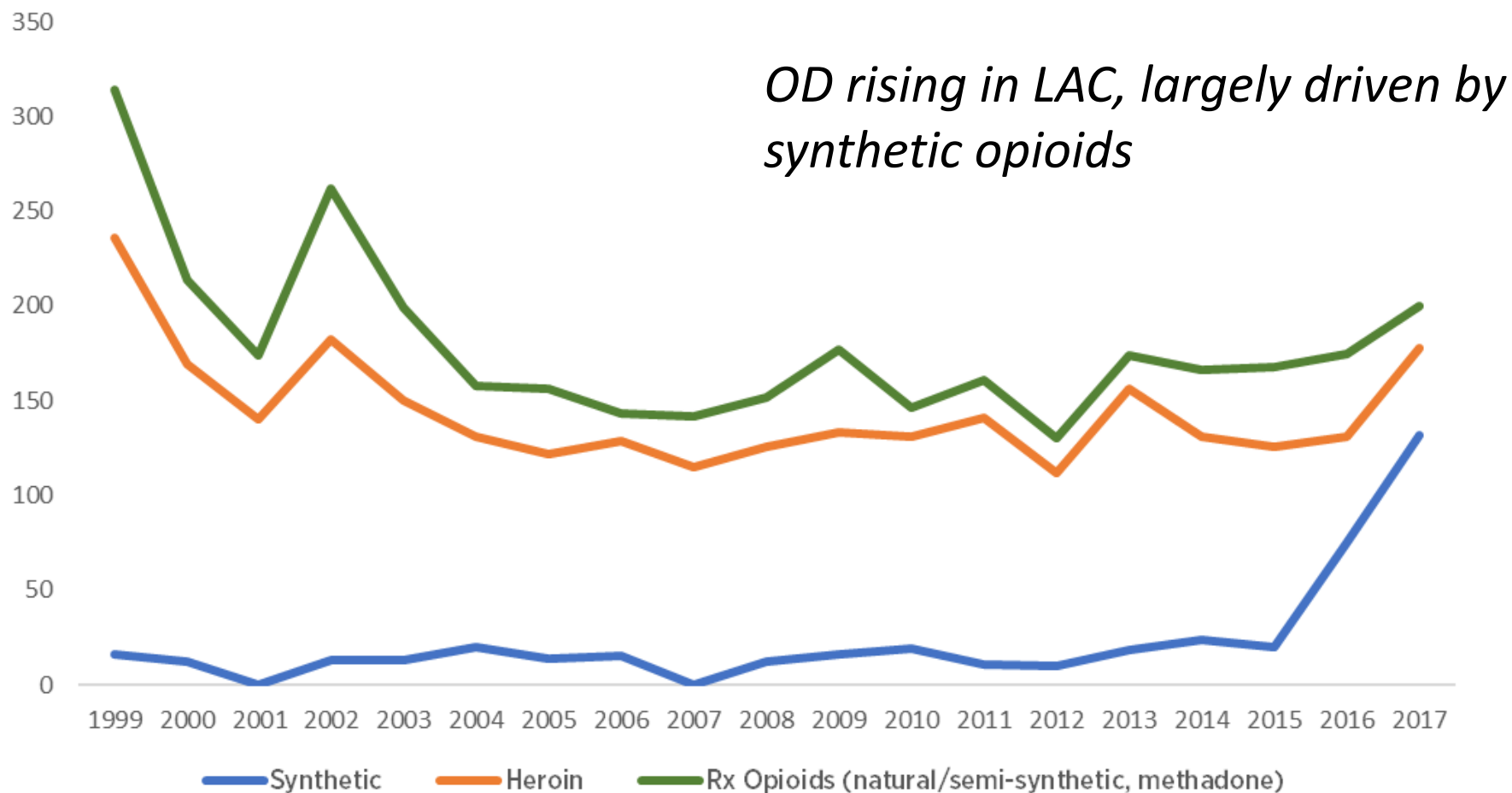


SAPC Naloxone Bulletin

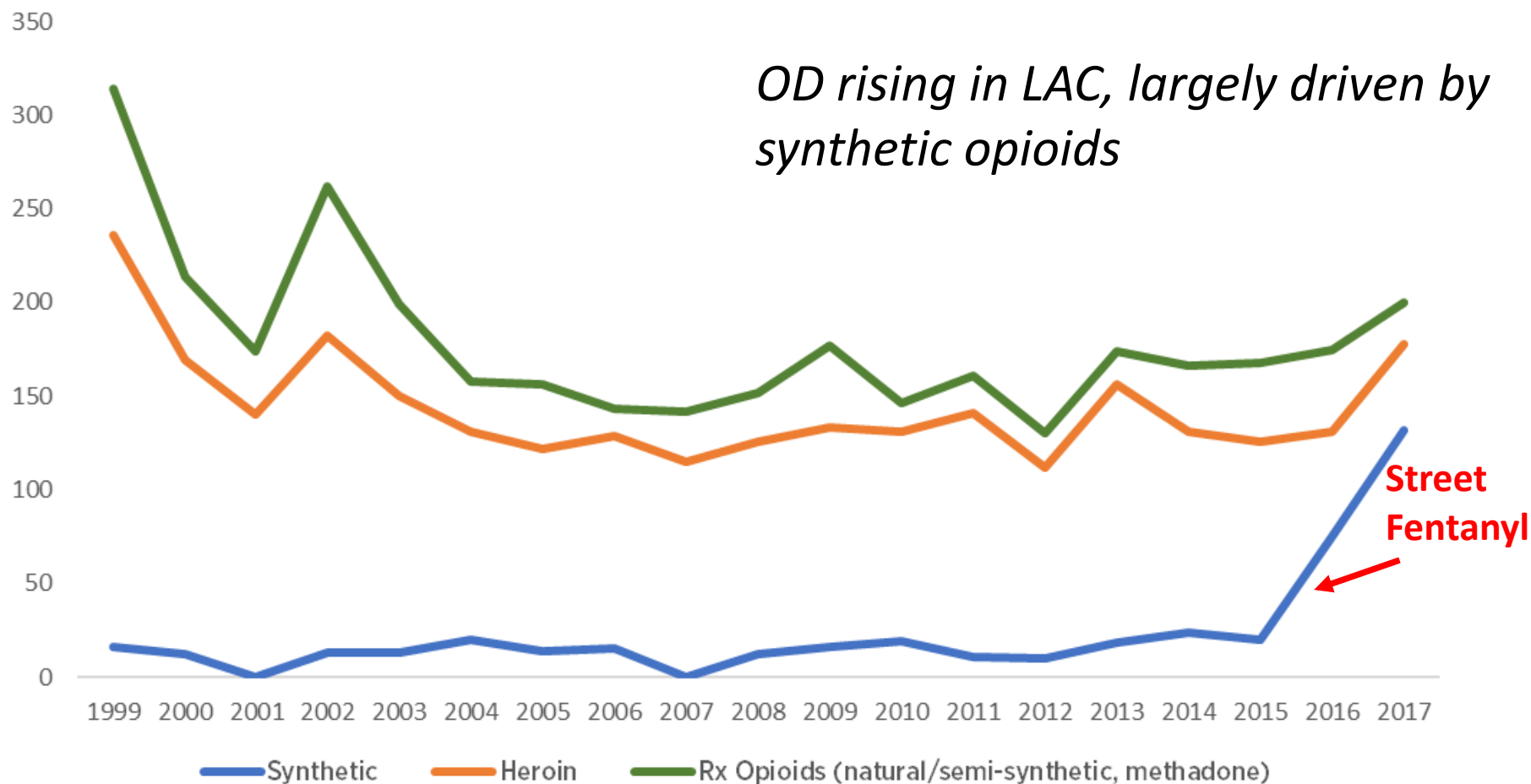
Each prevention, treatment, and Recovery Bridge Housing (RBH) site is required to:

1. Have staff that are trained to administer naloxone in the event of an overdose (OD).
2. Maintain naloxone onsite to administer in the event of an OD.
3. Provide education and training to clients and make naloxone available when indicated.
4. Develop policy and procedure (P&P) to outline how prevention, treatment, and RBH sites will ensure compliance with the naloxone bulletin

Opioid-Related Deaths by Substance Type, Los Angeles County, 1999 - 2017

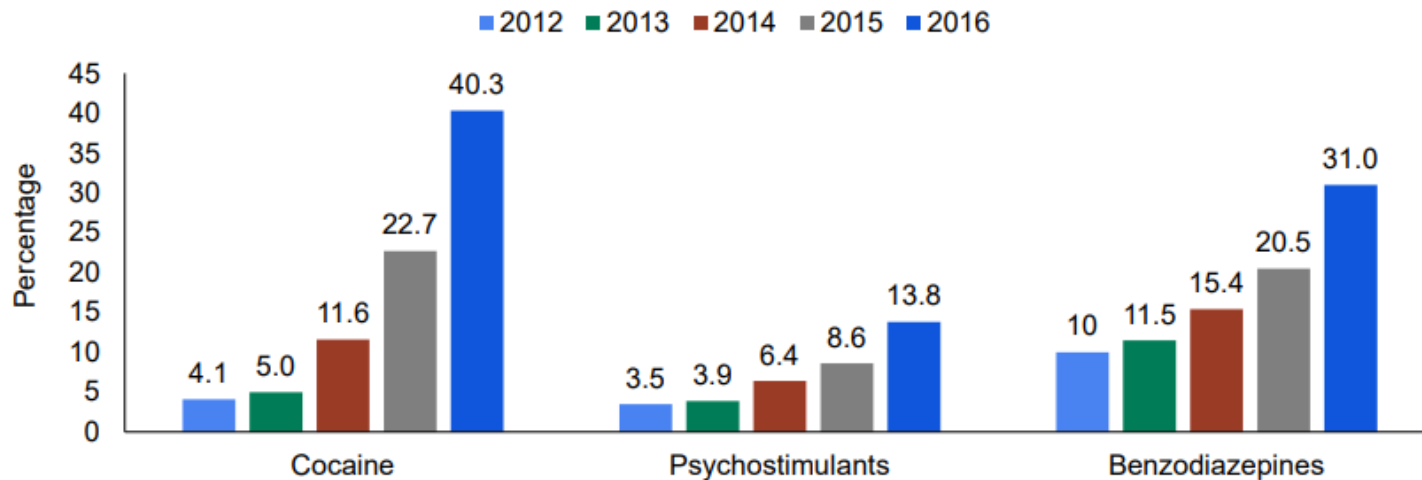


Opioid-Related Deaths by Substance Type, Los Angeles County, 1999 - 2017

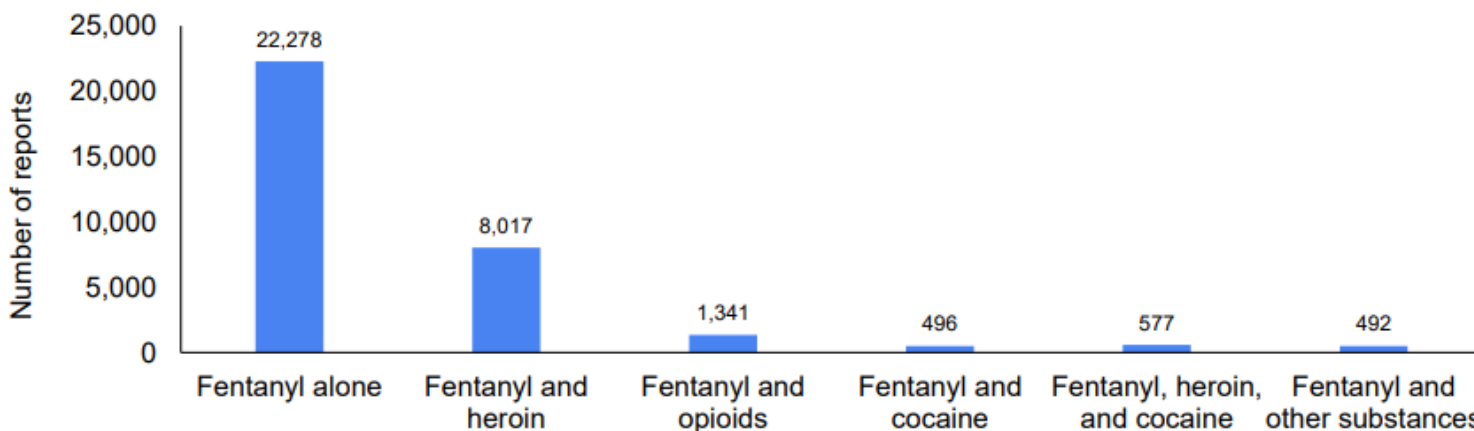


OD Among Non-opioid Drug Users

Percentage of Deaths Involving Synthetic Opioids



NFLIS Reports



Fentanyl Contamination of Illicit Drug Supply

Figure 3: Counterfeit 30 Milligram Oxycodone Pills Containing Fentanyl.




Craigslist Now Hotspot for Fentanyl Sales in Los Angeles

ANALYSIS Written by Sam Quinones* - MARCH 4, 2019



Research Shows that Naloxone Distributed Directly to Community Members Reduces OD Deaths Saves Lives

Opioid overdose rates and implementation of overdose education and nasal naloxone distribution in Massachusetts: interrupted time series analysis

 OPEN ACCESS

JAMA Internal Medicine | [Original Investigation](#) | HEALTH CARE POLICY AND LAW

Association Between State Laws Facilitating Pharmacy Distribution of Naloxone and Risk of Fatal Overdose

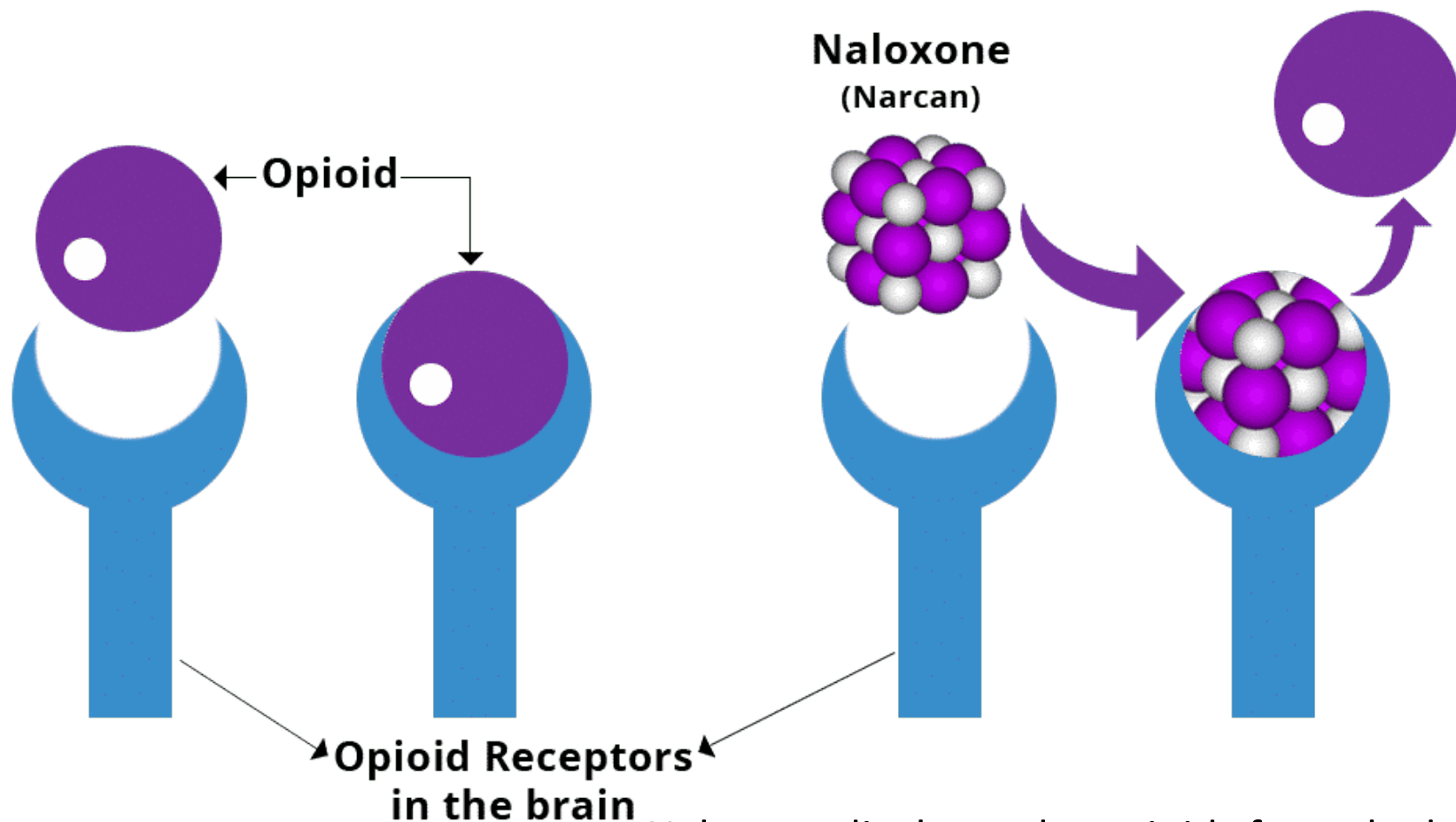
Rahi Abouk, PhD; Rosalie Liccardo Pacula, PhD; David Powell, PhD

What is Naloxone?

- Naloxone is a short-acting medication that reverses the life-threatening effects of an OD.
- Naloxone can be administered by trained, non-clinical individuals.
- Naloxone has 3 formulations:



How does naloxone work?



Naloxone displaces the opioids from the brain receptors, and then blocks the receptors and the effects of the opioid for 30-90 minutes 12



Naloxone Facts – True or False

- Naloxone is a controlled medication



Naloxone Facts – True or False

- Naloxone is a controlled medication - *False*



Naloxone Facts – True or False

- Naloxone is a controlled medication - *False*
- Naloxone is addictive



Naloxone Facts – True or False

- Naloxone is a controlled medication - *False*
- Naloxone is addictive - *False*



Naloxone Facts – True or False

- Naloxone is a controlled medication - *False*
- Naloxone is addictive – *False*
- Naloxone in some cases causes withdrawal symptoms in people with who have opioids in their system



Naloxone Facts – True or False

- Naloxone is a controlled medication - *False*
- Naloxone is addictive – *False*
- Naloxone in some cases causes withdrawal symptoms in people with who have opioids in their system – *True*



Naloxone Facts – True or False

- Naloxone is a controlled medication - *False*
- Naloxone is addictive – *False*
- Naloxone in some cases causes withdrawal symptoms in people with who have opioids in their system – *True*
- Naloxone promotes increase in drug use or risky behavior

Naloxone Facts – True or False

- Naloxone is a controlled medication - *False*
- Naloxone is addictive – *False*
- Naloxone in some cases causes withdrawal symptoms in people with who have opioids in their system – *True*
- Naloxone promotes increase in drug use or risky behavior - *False*

Overdose rescues by trained and untrained participants and change in opioid use among substance-using participants in overdose education and naloxone distribution programs: a retrospective cohort study

Maya Doe-Simkins¹, Emily Quinn², Ziming Xuan³, Amy Sorensen-Alawad¹, Holly Hackman⁴, Al Ozonoff^{5,6} and Alexander Y Walley^{1*}

No strong evidence to suggest naloxone increases drug use

Individuals at High-Risk for Opioid OD

*Which clients
should get
naloxone?*

Using heroin or synthetic opioids
or misusing Rx opioids

Receiving treatment for OUD,
including MAT

Using methamphetamine, cocaine,
other drugs potentially contaminated
by synthetic opioids

Released from incarceration or
other controlled setting



Agency Category		Access to Naloxone				
		General FFS Medi-Cal		Drug Medi-Cal	My Health LA (MHLA)	DHCS Naloxone Distribution Project
		<p>Dispensed through Pharmacy via Pharmacy Benefit</p> <p>Prescriber gives prescription and client picks up at pharmacy</p>	<p>Dispensed Onsite via Medical Benefit</p> <p>Program stocks naloxone and dispenses it on site</p>	<p>Dispensed Onsite</p> <p>Provider agency stocks naloxone and dispenses it on site</p>	<p>MHLA patients either need to go to the community clinic from which they are assigned for MHLA, or can also be given naloxone from the DHCS Naloxone Distribution Project (see column on right)</p>	<p>Dispensed Onsite</p> <p>Program stocks naloxone and dispenses it on site</p>
Treatment	Non-OTP Settings	X	N/A	N/A	As applicable, depending on patients that meet MHLA criteria	N/A
	OTP Settings	X		X		
Prevention	Prevention provider	N/A				X
	Syringe Exchange Programs					



Agency Category		Access to Naloxone			
		General FFS Medi-Cal	Drug Medi-Cal	My Health LA (MHLA)	DHCS Naloxone Distribution Project
		<p>Dispensed through Pharmacy via Pharmacy Benefit</p> <p>Prescriber gives prescription and client picks up at pharmacy</p>	<p>Dispensed Onsite via Medical Benefit</p> <p>Program stocks naloxone and dispenses it on site</p>	<p>Dispensed Onsite</p> <p>Provider agency stocks naloxone and dispenses it on site</p>	<p>MHLA patients either need to go to the community clinic from which they are assigned for MHLA, or can also be given naloxone from the DHCS Naloxone Distribution Project (see column on right)</p> <p>Dispensed Onsite</p> <p>Program stocks naloxone and dispenses it on site</p>
Treatment	Non-OTP Settings	X	N/A	N/A	N/A
	OTP Settings	X		X	



		Access to Naloxone			
		General FFS Medi-Cal	Drug Medi-Cal	My Health LA (MHLA)	DHCS Naloxone Distribution Project
Agency Category	Dispensed through Pharmacy via Pharmacy Benefit	Dispensed Onsite via Medical Benefit	Dispensed Onsite	MHLA patients either need to go to the community clinic from which they are assigned for MHLA, or can also be given naloxone from the DHCS Naloxone Distribution Project (see column on right)	Dispensed Onsite
	Prescriber gives prescription and client picks up at pharmacy	Program stocks naloxone and dispenses it on site	Provider agency stocks naloxone and dispenses it on site		Program stocks naloxone and dispenses it on site
Treatment	Non-OTP Settings	X	N/A	As applicable, depending on patients that meet MHLA criteria	N/A
	OTP Settings	X	X		



		Access to Naloxone				
		General FFS Medi-Cal		Drug Medi-Cal	My Health LA (MHLA)	DHCS Naloxone Distribution Project
Agency Category	Dispensed through Pharmacy via Pharmacy Benefit	Dispensed Onsite via Medical Benefit	Dispensed Onsite	MHLA patients either need to go to the community clinic from which they are assigned for MHLA, or can also be given naloxone from the DHCS Naloxone Distribution Project (see column on right)	Dispensed Onsite	
	Prescriber gives prescription and client picks up at pharmacy	Program stocks naloxone and dispenses it on site	Provider agency stocks naloxone and dispenses it on site		Program stocks naloxone and dispenses it on site	
Treatment	Non-OTP Settings	X	N/A	As applicable, depending on patients that meet MHLA criteria	N/A	
	OTP Settings	X	X			



		Access to Naloxone			
		General FFS Medi-Cal		Drug Medi-Cal	My Health LA (MHLA)
Agency Category	Dispensed through Pharmacy via Pharmacy Benefit	Dispensed Onsite via Medical Benefit	Dispensed Onsite	MHLA patients either need to go to the community clinic from which they are assigned for MHLA, or can also be given naloxone from the DHCS Naloxone Distribution Project (see column on right)	Dispensed Onsite
	Prescriber gives prescription and client picks up at pharmacy	Program stocks naloxone and dispenses it on site	Provider agency stocks naloxone and dispenses it on site		Program stocks naloxone and dispenses it on site
Treatment	Non-OTP Settings	X	N/A	As applicable, depending on patients that meet MHLA criteria	N/A
	OTP Settings	X	X		



Agency Category		Access to Naloxone				
		General FFS Medi-Cal		Drug Medi-Cal	My Health LA (MHLA)	DHCS Naloxone Distribution Project
		<p>Dispensed through Pharmacy via Pharmacy Benefit</p> <p>Prescriber gives prescription and client picks up at pharmacy</p>	<p>Dispensed Onsite via Medical Benefit</p> <p>Program stocks naloxone and dispenses it on site</p>	<p>Dispensed Onsite</p> <p>Provider agency stocks naloxone and dispenses it on site</p>	<p>MHLA patients either need to go to the community clinic from which they are assigned for MHLA, or can also be given naloxone from the DHCS Naloxone Distribution Project (see column on right)</p>	<p>Dispensed Onsite</p> <p>Program stocks naloxone and dispenses it on site</p>
Prevention	Prevention provider	N/A				X
	Syringe Exchange Programs					



Naloxone Training Resources

Prevention, treatment, and RBH staff are required to:

1. Receive and successfully complete training on the administration of naloxone.
2. Train clients on naloxone administration.



SAFE MED LA

Working Together to Reduce Prescription Drug Abuse and Overdose Deaths

Resources

www.SafeMedLA.org

NALOXONE

- ▶ [Requesting Naloxone Standing Order from the California Dept of Public Health and Naloxone Doses from the Dept of Health Care Services Naloxone Distribution Project - Instructions](#)
- ▶ [Naloxone Training Resources](#) (*online and in-person*)
- ▶ San Francisco Department of Public Health
 - ▶ [Provider's Guide to Prescribing Naloxone](#)
 - ▶ [Naloxone Fact Sheet](#)
- ▶ Pharmacy Locations that Furnish Naloxone (*with Los Angeles County locations highlighted in yellow*)
 - ▶ [CVS](#)
 - ▶ [Ralphs](#)
- ▶ [Zip Code Locator for Naloxone Distribution Programs](#)
- ▶ [Prevent & Protect - Naloxone Resources](#)
- ▶ [Los Angeles Overdose Prevention Task Force](#)
- ▶ [SAMHSA Opioid Overdose Prevention Toolkit](#)
- ▶ National Association of School Nurses - [Naloxone in Schools Toolkit](#)



Naloxone Policy & Procedure

- Each prevention provider, treatment provider, and RBH site must develop a policy and procedure that outlines compliance to the Bulletin.
- SAPC will provide a sample naloxone P&P that is modifiable by each agency.



Naloxone Bulletin Compliance

Bulletin Requirement	Compliance
Naloxone available onsite	Site visit
Naloxone offered to clients	Admission protocol
Staff trained to administer naloxone	Review staff personnel documentation of training
Develop P&P to ensure compliance to bulletin	Site visit

Questions?

