

MY HEALTH LA

LA County Department of Health Services



February 9, 2021



What is My Health LA?

- Primary care program funded by LA County.
- Not health insurance.
- 52 contracted Community Partner clinics.
- 200 sites across LA County.





What does MHLA Cover?



PREVENTIVE
HEALTH CARE



MEDICATIONS



SPECIALTY,
URGENT AND
EMERGENCY CARE



Dental

Dental care is not a “benefit” under the MHLA program. However, some clinics do offer dental services. If they do, MHLA participants may get free dental services, depending on availability.





Medications



- Participants have prescriptions filled at their dispensary or pharmacy, or a retail pharmacy in the MHLA Pharmacy Network.
- 800+ pharmacies.
- Some patients can have the medication(s) mailed to home or clinic.



Who is Eligible for MHLA?



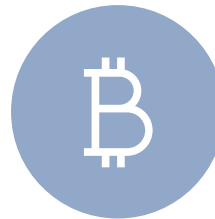
Uninsured and not eligible for public insurance



LA County Residents



Age 26 or older



Income at/below 138% of FPL



Enrollment in MHLA

- About 130,000 participants.
- County's web-based eligibility and enrollment system called One-e-App.
- A person is enrolled in MHLA as soon as the application is completed in One-e-App – same day approval.
- Personal information is not used for immigration purposes – only for determining eligibility.
- There is no cost to apply for MHLA, or to re-apply.



MHLA Medical Homes and Renewals



A Medical Home is the clinic where a participant receives all of their primary and preventative care.



MHLA Participants select a Medical Home when they enroll and keep their medical home for 12 months.



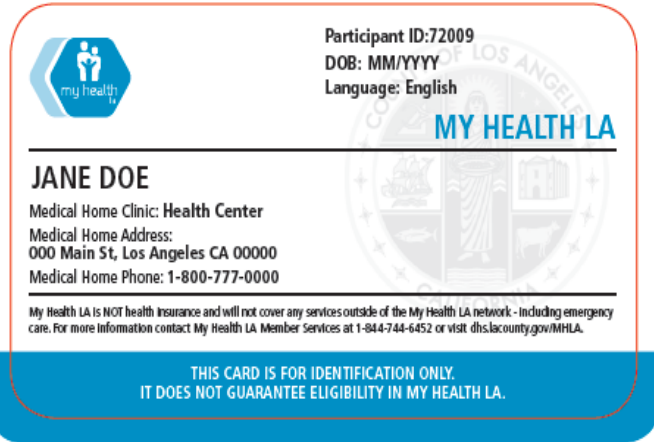
Participants must renew their MHLA at the end of the 12 months and can change their clinic at that time.



A participant can also change their medical home if they move or have a life changing event and need a new clinic.



MHLA ID Card



- The card should be presented at the medical home.
- Participants keep the same card, even after renewal.
- Participants get a new ID card when they change medical homes.
- Participants should call Member Services for lost or stolen ID cards.



MHLA Website



My Health LA (MHLA)

My Health LA is a no-cost health care program for low-income individuals who live in Los Angeles County. Participants must be 26 or older and unable to get health insurance.

> [Learn More](#)



<http://dhs.lacounty.gov/MHLA>



BEHAVIORAL HEALTH





MHLA and Mental Health

- Mental health prevention services at the clinics.
- Mental health treatment provided at:
 - MHLA Medical Home Clinic: Generally for “lower level” mental health issues/depression managed at the primary care level.
 - DMH or DMH Contracted Clinic: Generally for emergency mental health, severely and persistently mentally ill. Through ACCESS Line: 1-800-854-7771



MHLA and Mental Health

- DMH's many different types of mental health treatment services are provided free of charge or at low cost.
 - Individual Therapy
 - Family Therapy (children services)
 - Group Therapy
 - Psychiatry/Medication Support
 - Case Management
 - Parenting Education (children services)
 - Intensive mental health services



MHLA and SUD Treatment

- MHLA participants can receive SUD treatment for free.
- There are four ways MHLA participants can obtain SUD treatment services:
 - By calling Substance Abuse Service Helpline (SASH) at 1-844-804-7500 or use the visit
 - By visiting the Service and Bed Availability Tool (SBAT) <http://sapccis.ph.lacounty.gov/sbat/>
 - By referring to SAPC provider directly.
 - By receiving SUD services by the clinic.



MHLA and SUD Treatment

- MHLA participants can get free SUD Treatment --
 - Outpatient Treatment
 - Residential Treatment
 - Withdrawal Management
 - Opioid Treatment Programs
 - Medications for Addiction Treatment
 - Recovery Support Services
 - Case Management

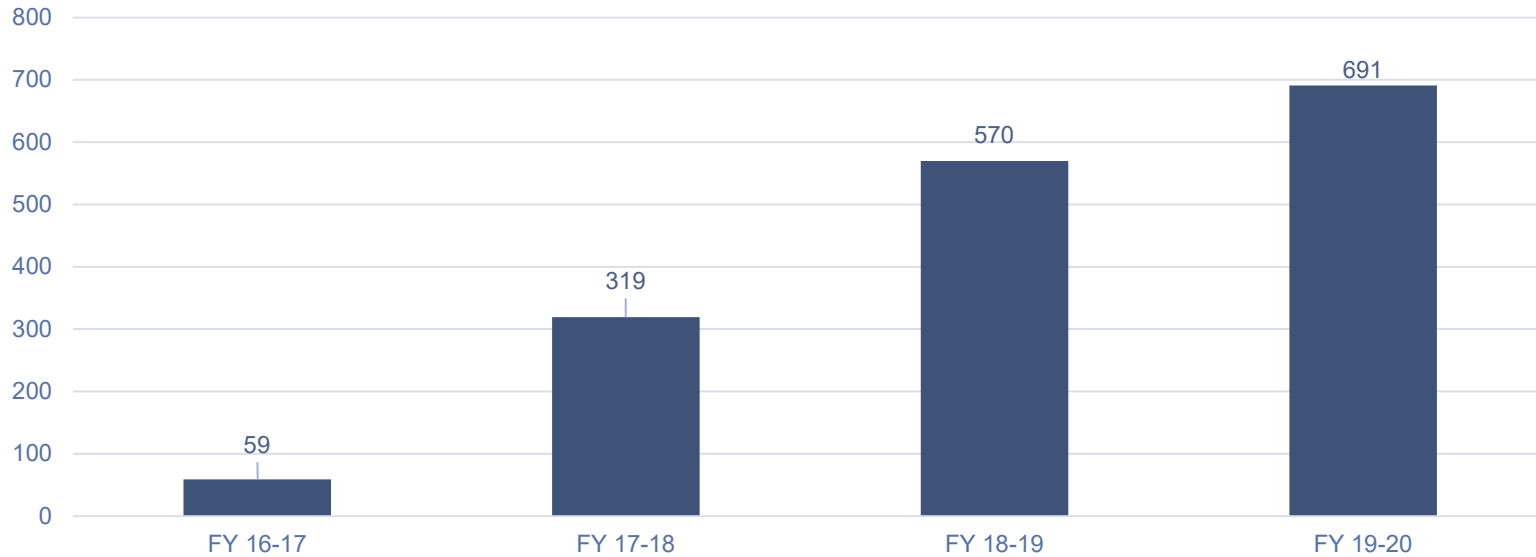


Primary Drug Problem FY 19-20

PRIMARY DRUG	N	%
Heroin	17	1.9%
Alcohol	312	34.4%
Methamphetamine	495	54.5%
Cocaine	13	1.4%
Marijuana	39	4.3%
Prescription Drug	7	0.8%
Other Drug	25	2.8%



MHLA Participants in SUD Treatment





SUD Initiatives

- Implemented a pilot program in March 2020 for 5 SAPC providers to enroll directly into MHLA's One-e-App enrollment system.
- MHLA website in Spanish and English that includes information availability of SUD services and how to access them.
- X-waiver training and certification for opioid-use disorder.



SUD Initiatives: Field-Based Services

- FBS – for historically difficult to serve.
- FBS participants must be eligible for or enrolled in MHLA services and meet medical necessity.
- FBS promotes treatment engagement and retention by meeting the participant where they are.
- Four MHLA clinics partnered with SAPC providers.



For SAPC Providers

- When you see an uninsured client, don't forget to ask if they are in MHLA.
- If they may be eligible, help them call Member Services so they can get enrolled.
- Find a clinic here: <https://dhs.lacounty.gov/>

Find a Health Center or Hospital

Zip Code	Services	Find A Location
<input type="text" value="91030"/>	<input type="text" value="Primary Care - Adult Medicine"/> ▼	



MHLA Member Services



Open to take questions



1-844-744-6452 (MHLA)



7:30 am-5:30 pm, Monday to Friday



Interpreters available for callers.

Thank you!



Anna Gorman, MPH
Director of Community Partnerships
agorman@dhs.lacounty.gov