# CREATING SAFE SPACES FOR LESBIAN, BISEXUAL AND TRANSGENDER WOMEN OVER 50

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### SENIORS SERVICES

- The L.A. Gay & Lesbian Center (the Center) has been providing services and support to LGBT seniors (50+) for more than 12 years.
- Historically, the program has served more men than women.
- Launch of the Lesbians 50+ Project!

#### LAUNCH OF THE LESBIANS 50+ PROJECT!



### LESBIANS 50+ PROJECT

• <u>Project goal</u>:

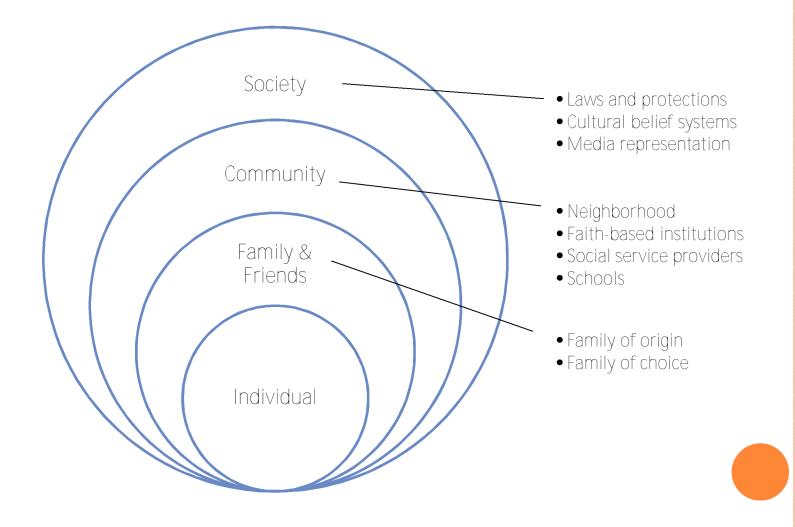
• Create a safe, welcoming and respectful community where lesbian, bisexual and transgender women in their 50s, 60s, 70s, 80s, 90s and beyond can come together to learn, connect and build friendships, and gain support so that they can thrive in their later years.



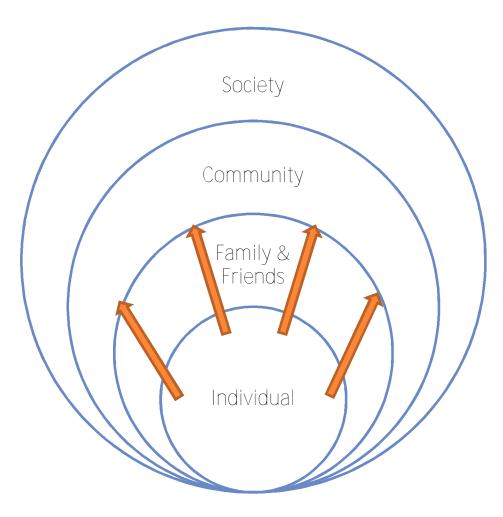
### LESBIANS 50+ PROJECT

- Chat group
- Movies
- Spirituality Salons
- Dinners out
- Drumming circles
- Workshops
- Dances, dances, and more dances!

### Societal Connections



# INDIVIDUAL CONNECTIONS & INTIMACY



# WHAT ARE THE UNIQUE COMPLEXITIES FACING LGBT OLDER ADULTS?

- 1. Closeting/Coming out
- 2. Isolation (by choice and for protection) and familial connections
- 3. Experienced and perceived homophobia and transphobia in social institutions

# WHAT ARE THE UNIQUE COMPLEXITIES FACING LGBT OLDER ADULTS?

- 4. Rates of Caregiving
- 5. Invisibility
- 6. Lack of legal, financial, political and social protections



# L.A. GAY & LESBIAN CENTER SENIORS SERVICES DEPARTMENT

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