

Engage @ Every Age

Facilitated by Christy Lau

Directions:











- 1. Have <u>each person</u> at your table think of *3 words* that represent resilience to them.
- Come together as a group & share your words. Discuss common themes or values. What do you all share in common?
- 3. Designate 1 notetaker for your table to write down ideas discussed, on the purple half-sheet provided. Results will be shared post-event.

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Tabletop Activity:

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What does resilience mean to all of us?



Collective Outcomes:

This word cloud represents common ideas & themes discussed during the tabletop activity.