







Appendix A:

Clinician Educational Resources and Training



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Online Resources		
American Congress of Obstetricians and Gynecologists (ACOG)	 ACOG District II Immediate Postpartum LARC Training: Long Acting Reversible Contraception: A Hospital-Based Physician Initiative LARC Clinical Training Opportunities Practice Bulletin: Long-Acting Reversible Contraception: Implants and Intrauterine Devices 	
American Family Physician	 Easy-to-read clinical guidelines on Family Planning on Contraception for the primary care provider 	
Beyond the Pill	 Maintains a variety of research, training, and educational materials. Contraceptive Trainings 	
Bixby Center for Global Reproductive Health	 Free online training: <u>An Update on Long-Acting Reversible Contraception</u> Helps clinic staff bring LARC into routine contraceptive care 	
Center for Disease Control (CDC) Division of Reproductive Health	 Good source for information handouts for patients, and to refer patients to check out on their own. 	
Essential Access Health	 Features free and fee-based courses on sexual and reproductive health LARC Series: Best Practices for Improving Patient Experiences with Long Acting Reversible Contraception Best Practices in Birth Control Education 	
Insertion and Removal Videos	 Kyleena [®] Liletta [®] Mirena [®] ParaGard [®] Skyla [®] 	

Reproductive Health Access Project	 Offers trainings, clinical tools, and publications. Hands-on Reproductive Health Training Center offers training to competency in LARC insertion and removal. Equipment and Supplies Lists LARC: The Basics and Advanced
Society of Family Planning	 Good resource for methodically rigorous, evidence based, clinical guidelines
Society of Teachers of Family Medicine (STFM)	 Quick, easy search for teaching and educational resources for health professionals
Stanford Program for International Reproductive Education and Services (SPIRES)	 Postpartum IUD Insertion Demonstration
US Medical Eligibility Criteria (USMEC) for Contraceptive Use	 Recommendations for specific contraceptive methods by individuals with specific medical conditions.

In Person Training Opportunities		
Bayer HealthCare Pharmaceuticals	 Offers trainings for Kyleena ®, Mirena ®, and Skyla ®. Request at 888-84-BAYER (888-842-2937). 	
<u>Cardea</u>	 Delivers <u>customized trainings</u> to family planning providers, based on 2017 US HHS Quality Family Planning Recommendations (as of January 2019). 	
Contraceptive Technology	 Hosts conferences covering women's health and contraception Find upcoming conferences <u>here</u>. 	
Essential Access Health	 Is a certified provider of continuing education credits for physicians (CME), nurses, health educators (CHES), and public health professionals (CPH) Offers in-person trainings and hands-on clinical practica 	
Medicines360	 Offers trainings for Liletta *. To request, call 800-678-1605, or online. 	
Merck & Co., Inc.	 Offers trainings for Nexplanon ®. To request, call 877-467-5266 or online. You may also directly contact LA area representative Michael Schloffer, MBA cell: 714-615-2035 email: michael.schloffer@merck.com 	
National Clinical Training Center for Family Planning	 Provides family planning training for providers at all levels, both online and in person. Find LARC Training opportunities here or contact Tracy VanVlack at 866-91-CTCFP (866-912-8237) or vanvlackt@umkc.edu 	
Teva Women's Health, Inc.	 Offers trainings for Paragard ®. Request at 877-PARAGARD (877-727-2427). 	

Patient Resources		
Bedsider.org	 Colorful, easy-to-read evidence-based educational resources for patients regarding various contraception options. Features video testimonials of patients describing their experience of using different methods. Opportunities for providers to sign up for clinic resources. 	
Condom Finder	 Website that assists patients with finding locations distributing free condoms in their area. 	
Family Planning, Access, Care, and Treatment (Family PACT)	 Multitude of patient education materials in many languages (contraception, STI, IPV). 	
FPA Women's Health	 Patient information and community resources on abortion, contraception, pregnancy, gynecology, sexual health in English and Spanish. Free clinic brochures 	
Power to Decide	 Easy-to-read visual and educational resource for patients considering different options. Closely affiliated with Bedsider and the CDC. Opportunities for providers to sign up for clinic resources. 	
Reproductive Health Access Project	 Printable fact sheets for patients are available in many languages, including: Birth Control Choices IUD Fact Sheet and IUD Aftercare Instructions 	
They Fit	 Website to assist patients with finding the perfect condom fit in an effort to increase effective and satisfying use of condoms. 	

Adapted from ACOG's LARC Clinical Training Opportunities