

# Crisis Pregnancy Centers

## How to Recognize and Avoid Anti-Abortion Centers

### What are Crisis Pregnancy Centers (CPCs)?

- CPCs appear to be clinics for pregnant people that advertise full-spectrum reproductive services. However, CPCs do NOT provide abortion counseling, procedures, or pills.
- The goal of many CPCs is to persuade pregnant people away from abortion.
- Many CPCs are deliberately located near abortion clinics. Their advertisements and websites aim to confuse people who may be considering abortion.

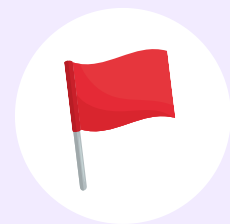
### Most CPCs do not provide adequate prenatal care

Although they advertise a full range of health services, only about 10% of CPCs provide prenatal care and only 53% provide referrals for prenatal care. Prenatal care includes screening for iron deficiency anemia, rubella immunity, asymptomatic bacteriuria, group B streptococcus and examinations such as blood pressure measurements, Papanicolaou smears and assessments of fundal height and fetal heart tones.

Look out for these red flags when searching for abortion services online:

#### "Pregnancy Decision Consultation"

CPCs tend to advertise free pregnancy tests – and if a patient tests positive for pregnancy, the CPC staff aim to convince patients to stay pregnant and give birth.



#### "Free Limited Ultrasound"

Some sites provide free ultrasounds, which are often conducted by untrained staff, and are used primarily not to inform patients but to manipulate them against considering abortion.

#### "Post Abortion Counseling"

CPCs assume that having an abortion is a negative experience and those who have had one need counseling. In reality, most people feel relief after an abortion.

#### "Abortion Pill Reversal"

CPCs advertise abortion "reversal" services.

This protocol is NOT supported by science and can be harmful to health.

# Spot The Red Flags



**"We do not offer or refer for abortion services."** Although abortion is listed as an offered service, this CPC does not actually perform abortions, but rather aims to convince an individual out of having one.

...re you make a final choice. We are here to help you sort  
...educate yourself on before you make a decision and we

Abortion is not a simple procedure; it may result in physical complications or have emotional and psychological impact. Please contact our clinic so that you can make an informed decision. Our clinic will offer evidence-based medical services and education about all options; however, we do not offer or refer for abortion services.

Call To Make An Appointment

## Abortion Pill Reversal

Can the abortion pill be reversed?

Timing is very important!

The reversal process is generally very successful, but not guaranteed.

**Timing is very important.** The abortion pill reversal process works by introducing more progesterone into the body to combat the first pill's effects.

The abortion pill reversal can only occur after the first



Clinics that advertise **"Abortion Pill Reversal"** are most likely CPCs. This procedure is **NOT supported by science**. Language such as "regret" and "grief" surrounding abortion may also be a red flag.



# Resources

Everyone deserves access to health care that is free of stigma, harassment, and shame. Patients are entitled to factual education and client-centered care that covers the full spectrum of pregnancy options.

For accurate abortion information and to find a legitimate reproductive health care clinic, visit:

- LA County Abortion Safe Haven Resource Guide: <http://abortionsafehaven.lacounty.gov>

## Report a CPC

The state of California is concerned about the limited and potentially misleading nature of the services provided by crisis pregnancy centers. Attorney General Bonta urges Californians seeking reproductive health services to do research before going to a clinic to learn about their abortion options.

If you visited a CPC and believe you have been the victim or target of deceptive, misleading, unfair, or unlawful conduct, please immediately file a complaint at:  
<https://oag.ca.gov/crisis-pregnancy-center-complaint>.

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2. Kendall. Plannedparenthood.org. Accessed October 12, 2023. <https://www.plannedparenthood.org/blog/what-are-crisis-pregnancy-centers>.
3. The CPC Industry as a Surveillance Tool of the Post-Roe State. Genderjustice.us. Accessed October 12, 2023. [https://www.genderjustice.us/wp-content/uploads/2022/02/Alliance\\_CPC\\_Report\\_Feb2022\\_UrgentBrief2-10-22.pdf](https://www.genderjustice.us/wp-content/uploads/2022/02/Alliance_CPC_Report_Feb2022_UrgentBrief2-10-22.pdf).
4. Attorney General Bonta Issues Consumer Alert Warning Californians That Crisis Pregnancy Centers Do Not Offer Abortion or Comprehensive Reproductive Care. Oag.ca.gov. Accessed October 12, 2023. <https://oag.ca.gov/news/press-releases/attorney-general-bonta-issues-consumer-alert-warning-californians-crisis>.
5. Facts Are Important: Medication Abortion “Reversal” Is Not Supported by Science. acog.org. Accessed 10/11/2023. <https://www.acog.org/advocacy/facts-are-important/medication-abortion-reversal-is-not-supported-by-science>.
6. The Alliance, “Designed to Deceive, California State Findings,” p. 2, 2022,
7. [https://alliancestateadvocates.org/wp-content/uploads/sites/107/Alliance\\_CPC\\_Report\\_California11-4.pdf](https://alliancestateadvocates.org/wp-content/uploads/sites/107/Alliance_CPC_Report_California11-4.pdf).

