

## 2016 LAMB Survey

Domain/Subdomain		<i>Mental Health / General Mental Distress</i>			<i>Mental Health / Postpartum Depression</i>			
Indicator Description		Percentage of women who delivered a live birth having reporting feeling sad, empty or depressed for most of the day for two weeks or longer during their last/most recent pregnancy <sup>1</sup> .			Percentage of women who delivered a live birth reporting depressive symptoms after pregnancy <sup>2</sup> .			
		%	95% CI		%	95% CI		
<b>LA County</b>		25.0	23.4	26.6	25.2	23.6	26.8	
<b>Race/Ethnicity</b>	<b>White</b>	18.6	16.0	21.3	22.6	19.9	25.3	
	<b>Latina</b>	27.5	25.0	30.0	26.4	23.9	28.9	
	<b>African-American</b>	35.8	32.2	39.4	28.3	25.0	31.6	
	<b>Asian<sup>o</sup></b>	19.3	15.6	23.1	23.9	19.8	28.0	
<b>Service Planning Areas</b>	<b>SPA 1</b>	<b>Antelope Valley</b>	25.3	21.0	29.6	24.4	20.2	28.6
	<b>SPA 2</b>	<b>San Fernando</b>	24.4	20.6	28.3	25.2	21.4	29.1
	<b>SPA 3</b>	<b>San Gabriel</b>	24.8	20.7	29.0	28.2	23.8	32.5
	<b>SPA 4</b>	<b>Metro</b>	25.9	21.9	29.8	22.4	18.7	26.1
	<b>SPA 5</b>	<b>West</b>	18.0	13.3	22.7	16.8	13.2	20.4
	<b>SPA 6</b>	<b>South</b>	29.6	24.4	34.7	28.7	23.4	33.9
	<b>SPA 7</b>	<b>East</b>	25.6	20.6	30.5	23.4	18.7	28.2
	<b>SPA 8</b>	<b>South Bay</b>	23.3	20.0	26.7	24.8	21.4	28.3
<b>Supervisorial Districts</b>	<b>First District</b>		26.8	23.0	30.6	24.5	20.8	28.3
	<b>Second District</b>		28.4	24.9	31.9	27.4	23.9	31.0
	<b>Third District</b>		22.6	18.7	26.5	22.7	18.9	26.6
	<b>Fourth District</b>		21.8	18.3	25.2	22.9	19.5	26.3
	<b>Fifth District</b>		24.4	21.0	27.8	27.5	23.9	31.0

<sup>o</sup>Beginning 2016, the Asian category no longer includes Pacific Islanders.

\*The estimate is statistically unstable (relative standard error > 25%) and therefore may not be appropriate to use for planning or policy purposes.

<sup>1</sup>Respondents who answered positively to at least one question out of the following ones were coded as "depressed": "For two weeks or longer during your last pregnancy, did you - 1. feel sad, empty or depressed for most of the day, 2. lose interest in most things like work, hobbies and other things you usually enjoyed?".

<sup>2</sup>Question asked: "In the months after your new baby was born would you say that you were..." Respondents who answered "very depressed" and "moderately depressed" were coded as "depressed."

[For more information on LAMB project please visit http://lalamb.ph.lacounty.gov](http://lalamb.ph.lacounty.gov)