

# Maternal, Child and Adolescent Health 5-Year Plan

## Los Angeles County Department of Public Health



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### What is the 5-Year Plan?

A plan to meet the health needs of mothers, children and adolescents throughout the County.

### How does the current 5 Year Plan differ from the last one?

Spring of 2008 marked the beginning of MCAH Program's planning efforts for the upcoming 2010-2014 5-year Plan. In the 2005-2009 5 Year Plan, MCAH focused on conducting a long-range planning effort involving multiple community stakeholders to perform a countywide **needs assessment**. For the upcoming 5 Year Plan we will be conducting a countywide **capacity assessment**. The primary focus of this assessment is on assessing the capacity of the local MCAH system to carry out the Ten Essential Public Health Services to Promote Maternal and Child Health.



### Accomplishments to date:

#### Birth Outcomes

- LAMB Project awarded The national Association of County and City Health Officials (NACCHO) 2007 Best Practices Award
- LA HOPE survey distributed to 781 women who experienced a fetal or infant loss
- MCAH partnered with 211 Los Angeles County to improve the quantity and quality of perinatal resources in their database
- NFP cumulative low-birth weight rate from 2000-06 is 6.6% (NFP-National average is 9.0% and Healthy People 2010 objective is 5.0%)
- Collaborated with the Los Angeles Best babies Network (LABBN) Care Quality Collaborative to help ten CPSP-approved community clinics and private providers implement a national model for best practices for prenatal care
- Held a Perinatal Health Summit in conjunction with the LABBC Center for healthy Births and March of Dimes to discuss policy strategies to improve birth outcomes
- Certified 8 PHNs as Certified Lactation Educators who now serve as consultants for NFP/PCG & BIH staff

#### Overweight and Obesity

- Successfully achieved Board of Supervisors approval of the LA County Food Policy which limits unhealthy offerings in vending machines, as part of charitable giving and in county sponsored meetings where food is served
- Development of Action Plan by the Healthy Weight for Women of Reproductive Age Action Learning Collaborative to support the implementation of two worksite health promotion programs:
  - WORKING (UCLA/LAC-DPH Project)
  - Network for a Healthy California Worksite Program which was implemented in 10 work sites in low-income areas

#### Childhood Asthma

- Created a new, four-way partnership between Community Clinic Association, L.A. Care, Los Angeles Unified School District, and DHS-Public Health, to increase use of national clinical guidelines among asthma providers.
- With the Asthma Clinical Partnership, sought and received grant funding for three clinical projects designed to increase use of national clinical guidelines

#### Adolescent Well-being

- Participated in the Los Angeles County's Chief Administrative Office's "Transition Age Youth Report", including providing public health data for a multi-agency report assessing the state of transition age youth in the county
- In collaboration with the Family, Children, Community, Advisory Council (FCCAC) co-sponsored two trainings on Dual Diagnosis on Mental Health Disorders Amongst Children In Foster Care & Bullying behaviors Among Children and Adolescents

### Who will participate?

Stakeholders from diverse organizations including community-based agencies, academic institutions, medical establishments, other governmental entities, parents and adolescents.

### What do we hope to learn from the capacity assessment?

The purpose of examining capacity is to determine where strengths and weaknesses lie, to improve and better coordinate MCAH activities, and to provide a detailed basis for policy and funding decisions.

### What are the next steps?

MCAH staff and stakeholders will receive a survey to gather the information needed to carry out the capacity assessment. A report will be distributed to the State and all stakeholders to share key findings

