

Department of Public Health – County of Los Angeles Maternal, Child, and Adolescent Health Programs



# The Bigger Picture: Defining Success in NFP & PCG Programs

#### **CLIENT SUCCESS STORY**

Ashley, age 15, a first time pregnant teen enrolled in NFP, was "fast tracked" in high school, graduated early, and made NFP graduation at the same time.

#### NURSE-FAMILY PARTNERSHIP "NFP" STATISTICS

The Nurse Family Partnership (NFP) Program has obtained outcomes that have mirrored many of the successes of the three Randomized Trails conducted by Dr. David Olds even though L.A. clients are younger, poorer and less educated than what is found in NFP programs nationally.

- Median Age- 17 years old (Youngest was 11 years old.)
- √ 75% Hispanic (22% NFP national)
- √ 75% under age 19 (52% NFP national)
- √ 89% Unmarried (81% NFP national)
- √ 8% Prematurity (9.8% National)
- ✓ Low Birth Weight-Black 9.8% (11.8% NFP national).
- ✓ Low birth Weight-Hispanic 6.0% (8.2% NFP National)
- ✓ Breastfeeding Initiation 79% (71% NFP National)
- ✓ Subsequent Pregnancy @ 12 months 14% (13% NFP national)

#### **CLIENT SUCCESS STORY**

Cassandra, age 18, a first time pregnant mother who graduated from NFP while still enrolled in high school, and has just graduated from cosmetology school.

#### **COMMUNITY SUCCESSES**

(Linkages to & Support from)

- ✓ MAGNOLIA PLACE (Resource Center).
- ✓ LOS ANGELES BEST BABIES COLLABORATIVE (First-5 LA- Antelope Valley, East San Fernando Valley, Magnolia Place)
- ✓ LOS ANGELES UNIFIED SCHOOL DISTRICT (LAUSD) Safe-Schools/Healthy Students Grant
- ✓ HOPE STREET FAMILY CENTER-California
  Hospital & Medical Center
- √ HOME BOYS / HOME GIRLS INDUSTRIES

#### PHN SUCCESSES

- √ 8 PHNs obtained their Master's Degrees in Nursing/Public Health
- √ 1 PHN "Employee of the Year" 2007
- ✓ 1 PHN "Woman of the Year" SEIU- Local 660 (2006)
- ✓ Presented at 3 APHA Conferences
- ✓ Presented at 5 Annual PHN Practice Conferences
- ✓ Mentored over 150 students on home visits
- Developed NFP and TCM Charting Systems used Statewide by NFP programs.

#### **CLIENT SUCCESS STORY**

Brenda, age 17, enrolled in the PCG program while in disciplinary boot camp. She received her GED, and is now enrolled in the Antelope Valley College Respiratory Therapy Program.

## PRENATAL CARE GUIDANCE (PCG) SUCCESS

- Designed & implemented a twoyear pilot "Probation-Prenatal Outreach Project or "P-POP"
- Completed data collection and an "Exit [resource] Guide" to give to the pregnant juveniles who were being discharged from the Juvenile Detention Centers and needed continued support upon release.



#### **CLIENT SUCCESS STORY**

Tasha, age 14, a first time pregnant teen enrolled in NFP, graduated from high school while still in NFP and went on to obtain her B.S. degree in finance from California State University, Dominguez Hills.



### **OUR BIGGEST SUCCESSES ARE HEALTHY BABIES!!**