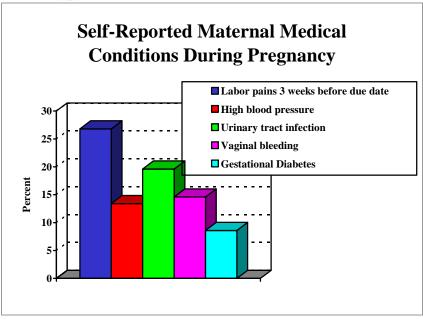


# Selected Maternal Health Indicators for SPA 1 2005 Los Angeles Mommy and Baby (LAMB) Project



Psychosocial and Risk Behavior Indicators			
	SPA 1	LA County	
Depressed during pregnancy	32.6%	34.0%	
Lost interest in hobbies or things that they normally enjoyed	29.4%	28.8%	
Smoking during pregnancy	5.8%	2.8%	
Exposed to second hand smoke	10.6%	10.8%	
Drinking during pregnancy	10.8%	12.6%	
Using drugs during pregnancy	6.8%	5.4%	

### What is LAMB Project?

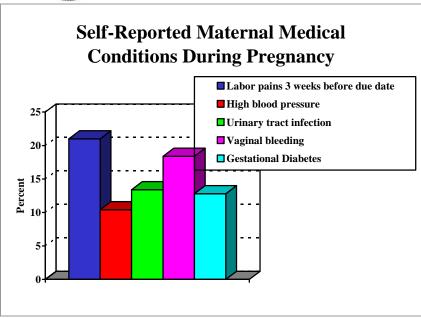
- A population-based survey of newly delivered moms stratified by SPA and race/ethnicity from birth records
- Close to 5,500 women responded to the survey in 2005 LAMB, of which about 500 were women in SPA 1
- Mail survey with telephone followup administered in three languages
- Adjusted response rate was close to 50%

Preconception Health Indicators			
	SPA 1	LA County	
Uninsured	30.0%	35.6%	
Unintended pregnancy	44.4%	40.0%	
Did not Meet MediCal Prenatal Care Guidelines	23.2%	17.0%	
Late onset of prenatal care	15.0%	7.2%	
Did not take multi-vitamin	55.2%	57.0%	
Smoking six months prior to becoming pregnant	13.6%	9.2%	
Prior Obstetrical history			
Prior miscarriage	17.2%	16.6%	
Preterm or low birth weight	9.2%	9.4%	
Fetal Death	2.2%	1.8%	
Maternal medical condition prior to pregnancy:			
Anemia	13.6%	9.8%	
Periodontal disease	5.2%	5.4%	
High blood pressure	3.0%	2.6%	
Diabetes	2.8%	3.0%	

- 1) Depressed during pregnancy: defined as for two weeks or longer during pregnancy, feeling depressed for most of the day or losing interest in work, hobbies, or things usually enjoyed.
- 2) Using drugs during pregnancy: defined as using any drugs that are not prescribed by a physician
- 3) Unintended pregnancy: defined as, just before becoming pregnant, wanting to be pregnant later (i.e. mistimed) or not wanting to be pregnant then or at any time in the future (i.e. unwanted).
- 4) Meeting the medical prenatal care recommended guidelines: defined as meeting all the recommendations of the Public Health Service Expert Panel on the Content of Prenatal Care (1989), including having blood pressure measured, urine and blood samples taken, height and weight measured, a pelvic exam, and a health history taken.
- 5) Late onset of prenatal care: defined as having started prenatal care after the first trimester.



## Selected Maternal Health Indicators for SPA 2 2005 Los Angeles Mommy and Baby (LAMB) Project



Psychosocial and Risk Behavior Indicators			
	SPA 2	LA County	
Depressed during pregnancy	31.4%	34.0%	
Lost interest in hobbies or things that they normally enjoyed	28.4%	28.8%	
Smoking during pregnancy	1.8%	2.8%	
Exposed to second hand smoke	9.2%	10.8%	
Drinking during pregnancy	13.2%	12.6%	
Using drugs during pregnancy	6.2%	5.4%	

### What is LAMB Project?

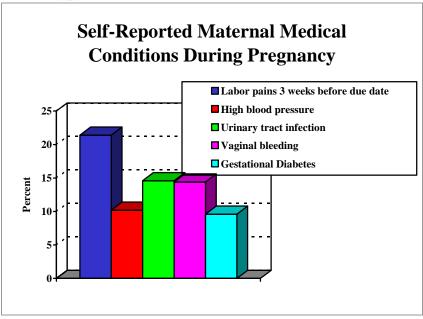
- A population-based survey of newly delivered moms stratified by SPA and race/ethnicity from birth records
- Close to 5,500 women responded to the survey in 2005 LAMB, of which about 750 were women in SPA 2
- Mail survey with telephone followup administered in three languages
- Adjusted response rate was close to 50%

Preconception Health Indicators			
	SPA 2	LA County	
Uninsured	34.4%	35.6%	
Unintended pregnancy	34.0%	40.0%	
Did not Meet MediCal Prenatal Care Guidelines	15.8%	17.0%	
Late onset of prenatal care	5.4%	7.2%	
Did not take multi-vitamin	51.8%	57.0%	
Smoking six months prior to becoming pregnant	9.4%	9.2%	
Prior Obstetrical history			
Prior miscarriage	15.4%	16.6%	
Preterm or low birth weight	8.4%	9.4%	
Fetal Death	2.4%	1.8%	
Maternal medical condition prior to pregnancy:			
Anemia	7.6%	9.8%	
Periodontal disease	8.0%	5.4%	
High blood pressure	3.2%	2.6%	
Diabetes	4.4%	3.0%	

- 1) Depressed during pregnancy: defined as for two weeks or longer during pregnancy, feeling depressed for most of the day or losing interest in work, hobbies, or things usually enjoyed.
- 2) Using drugs during pregnancy: defined as using any drugs that are not prescribed by a physician
- 3) Unintended pregnancy: defined as, just before becoming pregnant, wanting to be pregnant later (i.e. mistimed) or not wanting to be pregnant then or at any time in the future (i.e. unwanted).
- 4) Meeting the medical prenatal care recommended guidelines: defined as meeting all the recommendations of the Public Health Service Expert Panel on the Content of Prenatal Care (1989), including having blood pressure measured, urine and blood samples taken, height and weight measured, a pelvic exam, and a health history taken.
- 5) Late onset of prenatal care: defined as having started prenatal care after the first trimester.



# Selected Maternal Health Indicators for SPA 3 2005 Los Angeles Mommy and Baby (LAMB) Project



Psychosocial and Risk Behavior Indicators			
	SPA 3	LA County	
Depressed during pregnancy	35.0%	34.0%	
Lost interest in hobbies or things that they normally enjoyed	29.6%	28.8%	
Smoking during pregnancy	2.4%	2.8%	
Exposed to second hand smoke	7.0%	10.8%	
Drinking during pregnancy	13.0%	12.6%	
Using drugs during pregnancy	6.4%	5.4%	

### What is LAMB Project?

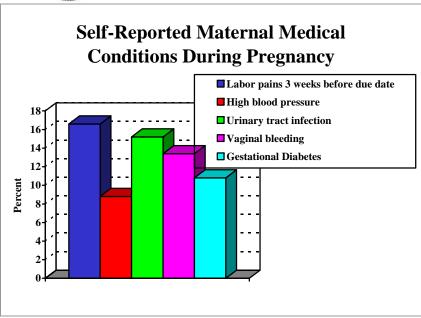
- A population-based survey of newly delivered moms stratified by SPA and race/ethnicity from birth records
- Close to 5,500 women responded to the survey in 2005 LAMB, of which about 700 were women in SPA 3
- Mail survey with telephone followup administered in three languages
- Adjusted response rate was close to 50%

Preconception Health Indicators			
	SPA 3	LA County	
Uninsured	30.6%	35.6%	
Unintended pregnancy	40.0%	40.0%	
Did not Meet MediCal Prenatal Care Guidelines	15.6%	17.0%	
Late onset of prenatal care	7.4%	7.2%	
Did not take multi-vitamin	56.4%	57.0%	
Smoking six months prior to becoming pregnant	10.4%	9.2%	
Prior Obstetrical history			
Prior miscarriage	19.0%	16.6%	
Preterm or low birth weight	10.0%	9.4%	
Fetal Death	1.2%	1.8%	
Maternal medical condition prior to pregnancy:			
Anemia	9.8%	9.8%	
Periodontal disease	3.4%	5.4%	
High blood pressure	1.2%	2.6%	
Diabetes	2.0%	3.0%	

- 1) Depressed during pregnancy: defined as for two weeks or longer during pregnancy, feeling depressed for most of the day or losing interest in work, hobbies, or things usually enjoyed.
- 2) Using drugs during pregnancy: defined as using any drugs that are not prescribed by a physician
- 3) Unintended pregnancy: defined as, just before becoming pregnant, wanting to be pregnant later (i.e. mistimed) or not wanting to be pregnant then or at any time in the future (i.e. unwanted).
- 4) Meeting the medical prenatal care recommended guidelines: defined as meeting all the recommendations of the Public Health Service Expert Panel on the Content of Prenatal Care (1989), including having blood pressure measured, urine and blood samples taken, height and weight measured, a pelvic exam, and a health history taken.
- 5) Late onset of prenatal care: defined as having started prenatal care after the first trimester.



## Selected Maternal Health Indicators for SPA 4 2005 Los Angeles Mommy and Baby (LAMB) Project



Psychosocial and Risk Behavior Indicators			
	SPA 4	LA County	
Depressed during pregnancy	38.0%	34.0%	
Lost interest in hobbies or things that they normally enjoyed	30.0%	28.8%	
Smoking during pregnancy	2.8%	2.8%	
Exposed to second hand smoke	11.8%	10.8%	
Drinking during pregnancy	11.8%	12.6%	
Using drugs during pregnancy	5.6%	5.4%	

### What is LAMB Project?

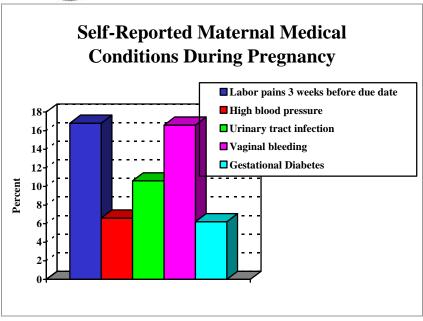
- A population-based survey of newly delivered moms stratified by SPA and race/ethnicity from birth records
- Close to 5,500 women responded to the survey in 2005 LAMB, of which about 650 were women in SPA 4
- Mail survey with telephone followup administered in three languages
- Adjusted response rate was close to 50%

Preconception Health Indicators			
	SPA 4	LA County	
Uninsured	47.2%	35.6%	
Unintended pregnancy	40.6%	40.0%	
Did not Meet MediCal Prenatal Care Guidelines	16.8%	17.0%	
Late onset of prenatal care	4.6%	7.2%	
Did not take multi-vitamin	64.2%	57.0%	
Smoking six months prior to becoming pregnant	9.0%	9.2%	
Prior Obstetrical history			
Prior miscarriage	12.2%	16.6%	
Preterm or low birth weight	9.2%	9.4%	
Fetal Death	1.4%	1.8%	
Maternal medical condition prior to pregnancy:			
Anemia	11.4%	9.8%	
Periodontal disease	4.6%	5.4%	
High blood pressure	2.4%	2.6%	
Diabetes	1.4%	3.0%	

- 1) Depressed during pregnancy: defined as for two weeks or longer during pregnancy, feeling depressed for most of the day or losing interest in work, hobbies, or things usually enjoyed.
- 2) Using drugs during pregnancy: defined as using any drugs that are not prescribed by a physician
- 3) Unintended pregnancy: defined as, just before becoming pregnant, wanting to be pregnant later (i.e. mistimed) or not wanting to be pregnant then or at any time in the future (i.e. unwanted).
- 4) Meeting the medical prenatal care recommended guidelines: defined as meeting all the recommendations of the Public Health Service Expert Panel on the Content of Prenatal Care (1989), including having blood pressure measured, urine and blood samples taken, height and weight measured, a pelvic exam, and a health history taken.
- 5) Late onset of prenatal care: defined as having started prenatal care after the first trimester.



# Selected Maternal Health Indicators for SPA 5 2005 Los Angeles Mommy and Baby (LAMB) Project



Psychosocial and Risk Behavior Indicators			
	SPA 5	LA County	
Depressed during pregnancy	18.0%	34.0%	
Lost interest in hobbies or things that they normally enjoyed	16.0%	28.8%	
Smoking during pregnancy	0.6%	2.8%	
Exposed to second hand smoke	11.0%	10.8%	
Drinking during pregnancy	31.8%	12.6%	
Using drugs during pregnancy	2.0%	5.4%	

### What is LAMB Project?

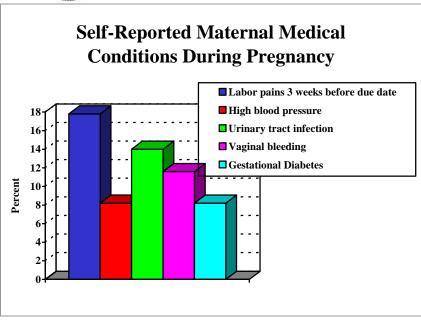
- A population-based survey of newly delivered moms stratified by SPA and race/ethnicity from birth records
- Close to 5,500 women responded to the survey in 2005 LAMB, of which about 650 were women in SPA 5
- Mail survey with telephone follow up administered in three languages
- Adjusted response rate was close to 50%

Preconception Health Indicators			
	SPA 5	LA County	
Uninsured	12.0%	35.6%	
Unintended pregnancy	20.2%	40.0%	
Did not Meet MediCal Prenatal Care Guidelines	16.4%	17.0%	
Late onset of prenatal care	4.8%	7.2%	
Did not take multi-vitamin	32.8%	57.0%	
Smoking six months prior to becoming pregnant	11.2%	9.2%	
Prior Obstetrical history			
Prior miscarriage	23.6%	16.6%	
Preterm or low birth weight	6.2%	9.4%	
Fetal Death	1.4%	1.8%	
Maternal medical condition prior to pregnancy:			
Anemia	5.2%	9.8%	
Periodontal disease	6.6%	5.4%	
High blood pressure	2.0%	2.6%	
Diabetes	0.4%	3.0%	

- 1) Depressed during pregnancy: defined as for two weeks or longer during pregnancy, feeling depressed for most of the day or losing interest in work, hobbies, or things usually enjoyed.
- 2) Using drugs during pregnancy: defined as using any drugs that are not prescribed by a physician
- 3) Unintended pregnancy: defined as, just before becoming pregnant, wanting to be pregnant later (i.e. mistimed) or not wanting to be pregnant then or at any time in the future (i.e. unwanted).
- 4) Meeting the medical prenatal care recommended guidelines: defined as meeting all the recommendations of the Public Health Service Expert Panel on the Content of Prenatal Care (1989), including having blood pressure measured, urine and blood samples taken, height and weight measured, a pelvic exam, and a health history taken.
- 5) Late onset of prenatal care: defined as having started prenatal care after the first trimester.



## Selected Maternal Health Indicators for SPA 6 2005 Los Angeles Mommy and Baby (LAMB) Project



Psychosocial and Risk Behavior Indicators			
	SPA 6	LA County	
Depressed during pregnancy	41.2%	34.0%	
Lost interest in hobbies or things that they normally enjoyed	28.8%	28.8%	
Smoking during pregnancy	4.8%	2.8%	
Exposed to second hand smoke	20.6%	10.8%	
Drinking during pregnancy	6.0%	12.6%	
Using drugs during pregnancy	4.8%	5.4%	

### What is LAMB Project?

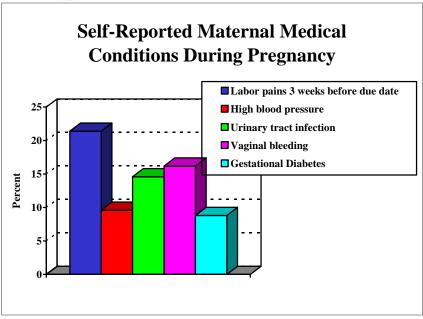
- A population-based survey of newly delivered moms stratified by SPA and race/ethnicity from birth records
- Close to 5,500 women responded to the survey in 2005 LAMB, of which about 729 were women in SPA 6
- Mail survey with telephone follow up administered in three languages
- Adjusted response rate was close to 50%

Preconception Health Indicators			
	SPA 6	LA County	
Uninsured	46.2%	35.6%	
Unintended pregnancy	50.2%	40.0%	
Did not Meet MediCal Prenatal Care Guidelines	14.4%	17.0%	
Late onset of prenatal care	10.4%	7.2%	
Did not take multi-vitamin	68.2%	57.0%	
Smoking six months prior to becoming pregnant	7.4%	9.2%	
Prior Obstetrical history			
Prior miscarriage	15.8%	16.6%	
Preterm or low birth weight	11.4%	9.4%	
Fetal Death	3.6%	1.8%	
Maternal medical condition prior to pregnancy:			
Anemia	13.8%	9.8%	
Periodontal disease	4.6%	5.4%	
High blood pressure	2.8%	2.6%	
Diabetes	3.8%	3.0%	

- 1) Depressed during pregnancy: defined as for two weeks or longer during pregnancy, feeling depressed for most of the day or losing interest in work, hobbies, or things usually enjoyed.
- 2) Using drugs during pregnancy: defined as using any drugs that are not prescribed by a physician
- 3) Unintended pregnancy: defined as, just before becoming pregnant, wanting to be pregnant later (i.e. mistimed) or not wanting to be pregnant then or at any time in the future (i.e. unwanted).
- 4) Meeting the medical prenatal care recommended guidelines: defined as meeting all the recommendations of the Public Health Service Expert Panel on the Content of Prenatal Care (1989), including having blood pressure measured, urine and blood samples taken, height and weight measured, a pelvic exam, and a health history taken.
- 5) Late onset of prenatal care: defined as having started prenatal care after the first trimester.



# Selected Maternal Health Indicators for SPA 7 2005 Los Angeles Mommy and Baby (LAMB) Project



Psychosocial and Risk Behavior Indicators				
	SPA 7	LA County		
Depressed during pregnancy	34.8%	34.0%		
Lost interest in hobbies or things that they normally enjoyed	31.2%	28.8%		
Smoking during pregnancy	2.0%	2.8%		
Exposed to second hand smoke	9.0%	10.8%		
Drinking during pregnancy	11.0%	12.6%		
Using drugs during pregnancy	4.6%	5.4%		

### What is LAMB Project?

- A population-based survey of newly delivered moms stratified by SPA and race/ethnicity from birth records
- Close to 5,500 women responded to the survey in 2005 LAMB, of which about 700 were women in SPA 7
- Mail survey with telephone followup administered in three languages
- Adjusted response rate was close to 50%

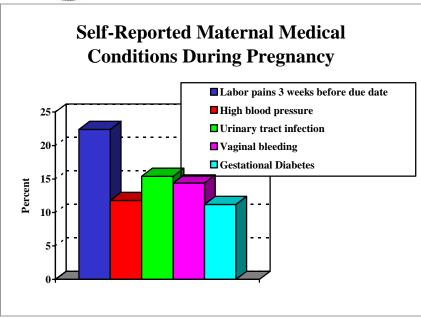
Preconception Health Indicators				
-	SPA 7	LA County		
Uninsured	37.0%	35.6%		
Unintended pregnancy	44.6%	40.0%		
Did not Meet MediCal Prenatal Care Guidelines	18.4%	17.0%		
Late onset of prenatal care	7.6%	7.2%		
Did not take multi-vitamin	63.0%	57.0%		
Smoking six months prior to becoming pregnant	5.8%	9.2%		
Prior Obstetrical history				
Prior miscarriage	16.8%	16.6%		
Preterm or low birth weight	8.2%	9.4%		
Fetal Death	0.2%	1.8%		
Maternal medical condition prior to pregnancy:				
Anemia	8.8%	9.8%		
Periodontal disease	4.0%	5.4%		
High blood pressure	3.0%	2.6%		
Diabetes	2.6%	3.0%		

- 1) Depressed during pregnancy: defined as for two weeks or longer during pregnancy, feeling depressed for most of the day or losing interest in work, hobbies, or things usually enjoyed.
- 2) Using drugs during pregnancy: defined as using any drugs that are not prescribed by a physician
- 3) Unintended pregnancy: defined as, just before becoming pregnant, wanting to be pregnant later (i.e. mistimed) or not wanting to be pregnant then or at any time in the future (i.e. unwanted).
- 4) Meeting the medical prenatal care recommended guidelines: defined as meeting all the recommendations of the Public Health Service Expert Panel on the Content of Prenatal Care (1989), including having blood pressure measured, urine and blood samples taken, height and weight measured, a pelvic exam, and a health history taken.
- 5) Late onset of prenatal care: defined as having started prenatal care after the first trimester.



## Selected Maternal Health Indicators for SPA 8 2005 Los Angeles Mommy and Baby (LAMB) Project

Uninsured



Psychosocial and Risk Behavior Indicators				
	SPA 8	LA County		
Depressed during pregnancy	30.8%	34.0%		
Lost interest in hobbies or things that they normally enjoyed	29.4%	28.8%		
Smoking during pregnancy	4.2%	2.8%		
Exposed to second hand smoke	9.4%	10.8%		
Drinking during pregnancy	13.6%	12.6%		
Using drugs during pregnancy	5.0%	5.4%		

### What is LAMB Project?

- A population-based survey of newly delivered moms stratified by SPA and race/ethnicity from birth records
- Close to 5,500 women responded to the survey in 2005 LAMB, of which about 700 were women in SPA 8
- Mail survey with telephone followup administered in three languages
- Adjusted response rate was close to 50%

Unintended pregnancy	37.8%	40.0%		
Did not Meet MediCal Prenatal Care Guidelines	19.8%	17.0%		
Late onset of prenatal care	7.2%	7.2%		
Did not take multi-vitamin	50.8%	57.0%		
Smoking six months prior to becoming pregnant	11.6%	9.2%		
Prior Obstetrical history				
Prior miscarriage	16.6%	16.6%		
Preterm or low birth weight	11.2%	9.4%		
Fetal Death	1.8%	1.8%		
Maternal medical condition prior to pregnancy:				
Anemia	10.0%	9.8%		
Periodontal disease	6.4%	5.4%		
High blood pressure	3.2%	2.6%		
Diabetes	4.2%	3.0%		

SPA8

31.8%

LA County

35.6%

**Preconception Health Indicators** 

- 1) Depressed during pregnancy: defined as for two weeks or longer during pregnancy, feeling depressed for most of the day or losing interest in work, hobbies, or things usually enjoyed.
- 2) Using drugs during pregnancy: defined as using any drugs that are not prescribed by a physician
- 3) Unintended pregnancy: defined as, just before becoming pregnant, wanting to be pregnant later (i.e. mistimed) or not wanting to be pregnant then or at any time in the future (i.e. unwanted).
- 4) Meeting the medical prenatal care recommended guidelines: defined as meeting all the recommendations of the Public Health Service Expert Panel on the Content of Prenatal Care (1989), including having blood pressure measured, urine and blood samples taken, height and weight measured, a pelvic exam, and a health history taken.
- 5) Late onset of prenatal care: defined as having started prenatal care after the first trimester.