

*Health Education Administration's*  
**Public Health Education Collaborative**



April 6<sup>th</sup>, 2010  
5555 Ferguson Dr., Commerce, CA 90022

**MEETING NOTES**

Topic/Activity	Announcements/Discussion	Next Steps
<b>Welcome and Introductions</b>	Attendees were welcomed to the Public Health Education Collaborative. Introductions were made, and the Collaborative objectives were reviewed.	
<b>Countywide Food Policy &amp; "Rethink Your Drink" Campaign</b>	<p>Cindy Young, Deputy Director of DPH's Nutrition Program, presented on the importance of healthy beverage choices. She also offered an overview of the LA County Food Policy, including recent updates.</p> <p>Lauren Neel, Coordinator of the LA Collaborative for the Los Angeles Region of Network for a Healthy California and DPH's Nutrition Program, provided an overview of the Network for a Healthy California and offered numerous print and electronic resources.</p>	<input type="checkbox"/> Interested parties are invited to the next LA Collaborative meeting on 5/18; contact Lauren at <a href="mailto:lneel@ph.lacounty.gov">lneel@ph.lacounty.gov</a> for details
<b>Stress &amp; Stress Management</b>	Robert Bosarge, Nurse Educator for Kaiser Permanente, presented on stress and stress management. The group practiced several stress management techniques.	
<b>DPH Wellness Updates</b>	<p>Kim Harrison Eowan provided programmatic updates to Wellness Coordinators.</p> <p><u>Professional Development</u> In response to Committee needs identified in 2009, Continuing Education (CHES and CEUs) will now be offered in the afternoons on days when the Committee meets.</p> <p><u>Policy &amp; Needs Assessment</u> Pending</p> <p><u>Articles in <i>The Voice</i></u> Recent wellness articles have been included; editors welcome Committee contributions.</p> <p><u>Upcoming DHR Events</u> 4/14 Webinar; 4/15 Healthy Connections</p> <p><u>Public Health Week</u> Wellness Program will have a table featuring a commitment activity</p>	<input type="checkbox"/> Contact Kim or Susan if you'd like to write a wellness or first-person article for <i>The Voice</i>  <input type="checkbox"/> Download and post new educational flyers from wellness intranet site as needed  <input type="checkbox"/> Continue sending monthly activity logs   <input type="checkbox"/> Next Wellness Committee meeting is at the 6/1/2010 Collaborative

	<p>and guided fitness walks.</p> <p><u>Educational Materials</u> Five new educational flyers have been developed for Coordinator download and use. Posted at <a href="http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm">http://go.phd.ladhs.org/ph/Resources/Wellness/WellnessProgram.htm</a></p> <p><u>Point-of-Decision Prompts</u> Signage for posting at elevators that will encourage DPH staff to take the stairs was drafted in February; is currently being approved by DPH Executive Staff.</p> <p><u>Reporting Logs</u> Reminder: please continue to submit.</p>	<p><input type="checkbox"/> Remaining Committee meetings for 2010: 6/1, 8/3, 10/5, 12/7</p> <p><input type="checkbox"/> Other Remaining Collaboratives for 2010: 5/4, 7/6, 9/7, 11/2</p>
<b>“Unnatural Causes...is Inequality Making Us Sick: In Sickness and in Wealth”</b>	The group viewed Segment 1 of this documentary, which introduced the concept of social determinants of health.	
<b>Draft Built/Social Environment Presentation</b>	Milan Hill and Jackie Valenzuela presented a draft version of a Speakers’ Bureau presentation on the Built and Social Environment. As the content was reviewed, attendees gave feedback and criticism. The comments from this session will be used to update the content and focus of the presentation.	
<b>Wrap-up &amp; Evaluations</b>	The floor was opened for any announcements. Attendees were reminded to sign-in and sign-out to get CHES credits. Evaluations were distributed.	