

# Case Management, Home-Based Services

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Contracted Community Services





#### What is Case Management, Home-Based Services?

- Client-centered case management and social work activities provided in the client's home
- Focus on clients who are functionally impaired and require intensive case management
- Services are provided by Registered Nurse Case Managers (RNCM) and Master's level Social Work Case Managers (SWCM) through comprehensive assessments, individual services plans and coordination of home attendant care and homemaker services.



### Who is Eligible for services?

- Diagnosed with HIV, live in LA county, and have an income level at or below 500% Federal poverty level
- Have a Cognitive and Functional Ability (CFA) score of 70 or less
- Have a home setting that is safe for both the client and service providers
- Not simultaneously enrolled in the AIDS Medi-Cal Waiver Program or in Medical Care Coordination (MCC)



#### What services are provided?

- Comprehensive assessment of client's physical, psychosocial, environmental, financial, and functional status
- Development, implementation, and monitoring of an individual service plan
- Coordination of services:
  - Attendant Care
  - Homemaker Services
  - Nutritional supplements
  - Durable Medical Equipment
  - Individual Psychotherapy



#### **Subcontracted Services with Home Health Agencies**

- Attendant Care Services (under direct supervision of a licensed nurse) may include:
  - Monitor and record vital signs
  - Assist with prescribed exercises
  - Assist clients in and out of bed and with ambulation
  - Assist with self-administered medications
  - Change dressings and bandages
  - Accompany clients to medical appointments
  - Assist with personal care (bathing, grooming, etc.)



#### **Subcontracted Services with Home Health Agencies**

- Homemaker Services (under direct supervision of a licensed nurse) may include:
  - General household activities (sweeping, vacuuming, cleaning, etc.)
  - Shopping and meal preparation
  - Washing laundry, ironing, folding and putting away clothes
  - Changing bed linen
  - Accompany clients to medical appointments



#### **DHSP Contractors and Investment**

- Fund 5 Contractors
  - APLA
  - AltaMed Health Services
  - Minority AIDS Project
  - St. Mary's Medical Center
  - Tarzana Treatment Centers
- Total Investment is \$2,469,468



## **Service Utilization for Year 26, 7/1/16 – 6/30/17**

- 23,479 Hours of Homemaker Services
- 1,756 Hours of Attendant Care
- 1,186 Hours of Psychotherapy
- 108 Nutritional Supplements
- 184 clients served

Allocation utilization was 50%, \$1,246,933



#### **Reasons Reported for Underutilization**

- Staffing issues among agencies
- Difficulties subcontracting with Home Health Agencies regarding rates for Homemaker and Attendant Care
- Enrolling in MCC services



#### Discussion – Dr. Sonali Kulkarni

- Identified gaps in services?
- How much need exists for CMHB services?
- Is there a better way to provide services?