

PLAY SAFE

Shigella can spread among men who have sex with men.

- *Shigella* spreads easily from any contact with feces (poop)
- High risk of getting it during oral or anal sex play (rimming, fisting, and using anal toys)
- *Shigella* causes bloody diarrhea, stomach cramps, and fever
- It can be a serious illness, especially if you have HIV



If you think you have *Shigella*, talk to your healthcare provider. If you don't have a provider, call 2-1-1 to find out how to get care.

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You can prevent *Shigella*. Here's how:

- Don't get poop in your mouth
- Wash your hands, penis, butt, and sex toys with soap and water before and after sex
- If you don't have soap and water, use wipes or hand sanitizer (hand gel)
- Avoid sex if you or your partner have diarrhea, or have had it in the last 2 weeks



Revised 11/7/2016

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