

Keep Our Schools Healthy!

Sick Children Cannot Learn and Should Stay at Home.



Coughing

- If your child has these symptoms, keep him or her at home. Provide lots of fluids and plenty of rest.



Fever/Chills

- Some medicines can help your child feel better, but he or she can still spread germs!

- After your child is better, wait 24 hours before sending him or her back to school.



Stuffy Nose



Tiredness/Aches

